



Rev.05 - 09/10/2017

HAIR MINERAL ANALYSIS TEST

INFORMATION : HOW TO COLLECT THE SAMPLE

HOW THE TEST IS DONE:

For the test results to be as accurate as possible, the hair should be washed between 2 - 5 days before the test.

The sample of hair should be untreated (hair that is colored/dyed cannot be treated), free from external contaminants, hairspray, gel, mousse.

COLLECTION METHOD:

Cut about 0,5 gr of hair (the amount of hair collected should be equivalent to a tablespoon) as close to the scalp as possible, at the nape of the neck. The length of the collected hair should not exceed 3 or 4 cm from the skin. Discard the excess.

In the case of very short hair it is possible to collect the hair trimmings over a number of days until the amount required is reached.

Pubic hair could also be used if scalp hair is not available. In this case we recommend you specify this.

The hair should be placed into a clean plastic bag and stored at room temperature until delivered to the laboratory.

MINERAL LIST

Aluminium (Al)	Germanium (Ge)	Rubidium (Rb)
Antimony (Sb)	Lithium (Li)	Selenium (Se)
Silver (Ag)	Magnesium (Mg)	Sodium (Na)
Arsenic (As)	Manganese (Mn)	Tin (Sn)
Barium (Ba)	Mercury (Hg)	Strontium (Sr)
Beryllium (Be)	Molybdenum (Mb)	Thallium (Tl)
Bismuth (Bi)	Nickel (Ni)	Titanium (Ti)
Cadmium (Cd)	Gold (Au)	Tungsten (W)
Calcium (Ca)	Palladium (Pd)	Uranium (U)
Cobalt (Co)	Lead (Pb)	Vanadium (V)
Chromium (Cr)	Platinum (Pt)	Zinc (Zn)
Iron (Fe)	Potassium (K)	Zirconium (Zr)
Phosphorus (P)	Copper (Cu)	Sulphur (S)
Gadolinium (Gd)	Rhodium (Rh)	